

Leadership Tips for District Leaders from a Mental Toughness Coach

Modified for District Leaders and used with Permission of Steve Siebold – www.mentaltoughnesssecrets.net



Champion Leaders....

... Embrace Relativity

They know that all perceptions are based on the experience and belief of the beholder.

...are Ferociously Cooperative

They understand that it takes a team to achieve anything worthwhile. They embrace cooperation out of a desire to win.

...Embrace Conflict for Growth

Average leaders will avoid conflict at almost any cost. Champions try to keep conflict from wasting the energy of team members. If your team members will openly disagree with you when they think you're wrong, that's healthy.

...are World-Class Communicators

They know that one of their most critical skills is dealing with people. The great ones know that humans are emotional creatures masquerading as logical creatures. Knowing this, they help people fulfill their desire to feel important. Their conversations are peppered with language that validates other's importance.

...Operate with a Clear Conscience

They operate out of principles (such as Toastmasters Core Values). They keep their conscience clear about their interactions with their team.

...Know the Power of Conversation

They master the art of interpersonal communication. As Truman Capote said "a conversation is a dialog, not a monologue. That's why there are so few good conversations."

...are Decisive

They display courage and confidence in their decisions and know that mistakes will be made and can be corrected. They play to win - not to avoid loss.

...Create a Winning Environment

They are not captive to their environment; they create the environment they need to win.

...Understand the Power of Humility

"If anything goes bad, I did it. If anything goes semi-good, we did it. If anything goes really good, you did it. That's all it takes to get people to win football games for you." – Paul "Bear" Bryant – legendary football coach

...Don't Care Who Gets the Credit

They share information freely and operate from a spirit driven mindset, not caring who gets the credit.

...Operate with Integrity

"In looking for people to hire, you look for three qualities: integrity, intelligence and energy. If they don't have the first, the other two will kill you." – Warren Buffet, CEO, Berkshire Hathaway

...Know Their Primary Role

They know that leadership is the facilitation, guidance, and influence necessary to bring about change. They understand that leadership is dependent on gaining the respect and admiration of a group of people who independently decide to follow.

...Keep Things in Perspective

They know that the secret to performing well under pressure has more to do with their perception of the event than the event itself. Rather than viewing things as fight or flight, champion leaders view the situation as a game, and no one dies from losing a game. Maintaining a crystal-clear perspective on the relative significance of their performance is critical to their success.

...Believe in Servant Leadership

They see themselves as servants, in their personal and professional lives. They serve without asking or expecting anything in return. They give out of love.

...Develop Emotional Intelligence

They know that people make decisions based on emotion and justify it with logic. They constantly study emotional intelligence topics to develop their interpersonal skills.